

eZZe Fitness

Innovation & Entrepreneurship Development Centre
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Product: **Fitness scanner**

Project: Bringing Fitness through Virtual Environment

eZZe Fitness was established in the year 2013 by the promoters Akshay Kamra, Vivek Nayyar, Viral Bhojani at Innovation & Entrepreneurship Development Centre, Sardar Patel Institute Of Technology, Andheri(West), Mumbai.

In this fast and hectic lifestyle we often tend to miss out on our health and fitness which is always accompanied by many reasons that mostly includes lack of time or money. And this issue can now be tackled easily with our innovative project.

In this, we use the Xbox KINECT which would scan you when you try to imitate the moves of the trainer. During this process our system would scan and compare your moves to the moves that are being done by the trainer, and show you the degree of correctness. This process is a fast paced and has the most important benefit that it can be done at your own house and that too by the choice of your time. Where it can be implemented to train yourself in Yoga, Aerobics etc. The same system could also be used in grooming and modeling industry which involves correcting the posture. And in this archaic lifestyle such a product brings a solution and a chance of a fit future.

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